

Caregiver Community Advisory Board

FAQ Sheet

SEIU 775 Benefits Group is recruiting new members for the Caregiver Community Advisory Board (Caregiver CAB)! The Caregiver CAB is a group of caregivers who provides caregiver insights and feedback on current and future benefit offerings to improve the caregiver experience.

Read on for answers to common questions about this project.

Who is SEIU 775 Benefits Group and is it different than SEIU 775?

SEIU 775 Benefits Group is the organization that provides benefits to caregiver members of SEIU 775 and some members of OPEIU 8. These include training, healthcare coverage, and retirement plan. We are a separate organization from SEIU 775, but work closely with them to get caregivers the best benefits and supports possible.

What is the Caregiver CAB and what is its purpose?

The Caregiver CAB was created to collaborate with caregivers and inform current and future benefits, communications and research.

The Caregiver CAB consists of a small, diverse group of dedicated caregivers. Members will collaboratively offer their perspectives, feedback and recommendations to help inform SEIU 775 Benefits Group's offerings and improve the caregiver experience.

Who can join the Caregiver CAB?

Currently, we are accepting applications from caregivers who:

- Are currently working as a caregiver through CDWA and/or an agency that uses the health benefits, retirement benefits, and/or training offerings of the SEIU 775 Benefits Group. **Please see the next question for a full list of eligible agencies.**
- Are comfortable communicating in English.
- Have access to the internet.
- Have a device with access to Zoom.
- Are **not** already on a SEIU 775 Benefits Group or SEIU 775 board.
- Are **not** a paid employee or intern of SEIU 775 Benefits Group, SEIU 775, or Carina.

Am I working at an eligible agency?

Caregivers working at CDWA or one of the below agencies are eligible to join the CAB.

- Addus of Washington
- All Ways Caring
- Amicable
- Catholic Community Services
- CDM Caregiving Services
- Chesterfield Services
- Coastal CAP

- Concerned Citizens PNW
- First Choice
- Full life Care
- Korean Women's Association
- Millennia HomeCare
- Seamar
- Generational Care (previously Senior Life Resources)

What is the role of Caregiver CAB members?

Caregiver CAB members will be asked to work collaboratively with one another and SEIU 775 Benefits Group staff to:

- Share thoughts on the needs and concerns of caregivers.
- Brainstorm solutions for challenges faced by SEIU 775 Benefits Group.
- Provide advice on projects, such as marketing approaches, research projects and user experience.
- If interested, represent caregivers at events or on panels.

How many people will be in the Caregiver CAB?

The Caregiver CAB will consist of about 15 caregivers. We have about 5-6 open positions for the upcoming two years. These members will reflect the diverse populations, ages, backgrounds, life experiences, expertise and geographies of the caregivers we serve.

Will this be a paid role?

Absolutely! Caregiver CAB members will be paid a quarterly stipend. The exact amount of the total stipend will be determined by the total number and type of activities the member chooses to participate in each quarter. Payment for types of activities will look like:

- An activity that takes up to 3 hours is a \$75 payment.
- An activity that is more than 3 hours and up to 5 hours is a \$125 payment.
- An activity that is more than 5 hours and up to 8 hours is a \$200 payment.

What responsibilities do Caregiver CAB members have?

To be a Caregiver CAB member, applicants will be asked to commit to the following expectations:

- Serve a 2-year term as a Caregiver CAB Member.
- Attend the quarterly 2-hour virtual meetings on Zoom. Meetings will occur about every 3 months.
- Complete any pre-meeting tasks before the quarterly virtual meetings.
- Engage actively in meetings, including providing verbal or written feedback.

What is the time commitment to participate in the Caregiver CAB?

Each quarter, the minimum time commitment will be attending the quarterly 2-hour virtual meeting on Zoom and any work to prepare for that meeting (most likely reading a short agenda or a document that will be discussed in the meeting).

There will sometimes be optional additional work if members have the availability to provide further input on projects.

When would the Quarterly Meetings be held?

Quarterly meetings will occur in the evenings 5:30-7:30 p.m. on the following dates and times for the two-year term (unless otherwise determined by the Caregiver CAB members):

- February 16, 2027
- May 18, 2027
- August 17, 2027
- November 16, 2027
- February 15, 2028
- May 16, 2028
- August 15, 2028
- November 21, 2028 (may change due to holiday that week)

Will I need to travel for meetings?

Caregiver CAB meetings will generally be held online using Zoom. However, there may be some events in-person. For any in-person events, all travel expenses would be paid for in addition to members' stipend.

What if I have to miss a Caregiver CAB quarterly meeting?

We understand that life happens and Caregiver CAB members may need to miss meetings. In this case, it's expected that the member will communicate this with the Caregiver CAB lead in advance of the meeting.

What is the application process?

Applications open September 15. We are accepting applications until September 16 by 11:59 p.m. The short, online application will help us get to know you and will include questions to determine eligibility for the Caregiver CAB, questions about your caregiving experience; challenges you may have faced with your health, retirement, or training benefits; and why you are interested in joining the Caregiver CAB.

What types of questions are included in the application?

We want to learn about you! The application will ask about your caregiving experience; challenges you may have faced with your health, retirement, or training benefits; and about why you are interested in joining the Caregiver CAB.

How are members selected to be on the Caregiver CAB?

We are aiming to recruit a Caregiver CAB that reflects the diverse populations, ages, backgrounds, life experiences, expertise and geographies of the caregivers we serve.

I applied to join the Caregiver CAB. When will I know if I was accepted?

We will be emailing all applicants as decisions are made. Please reach out if you have not heard from us by late-January.

I was not accepted as a Caregiver CAB member. Will there be opportunities in the future to join?

There will certainly be opportunities to join the Caregiver CAB in the future! Caregiver CAB members' serve 2-year terms, so we expect to be recruiting new members regularly. Keep an eye out for future recruitment emails.

This all sounds interesting, but I still have questions. Who can I talk to?

If you have additional questions, please reach out to research@myseiubenefits.org.