

Caregivers show up every day to care for others, and you deserve care and support too.

Our goal is to make it easier for you to access high-quality, affordable healthcare so you can focus on your health, your family and the important work you do.

This guide will walk you through your coverage options and the steps to apply. We're proud to support you and the essential care you provide.

After reviewing your healthcare coverage, take time to explore your other caregiver benefits. From training opportunities and retirement benefits to free slip-resistant shoes and job-matching through Carina, these benefits are designed to support you. Visit [myseiu.be/bg](https://myseiu.be/bg) to learn more.



Merissa Clyde, CEO  
SEIU 775 Benefits Group

# A Step-by-Step Guide to Applying for Coverage

## 1) Learn about your coverage

- **Explore your coverage options and review your Plan Details** to understand the out-of-pocket costs for prescriptions, treatments and common services.
- **Review your eligibility** details on page 5 to see if you qualify.
- **Select a coverage option and dental plan.**

## 2) Prepare to apply

- **Gather your information.** You'll need your Social Security number and employer name to apply.
- **Coverage for Kids: Gather your Dependent Verification documents.** Learn more and find instructions at [myseiu.be/cfk](https://myseiu.be/cfk).

## 3) Create a health benefits account

- **Learn how to create an account at [myseiu.be/hba](https://myseiu.be/hba).** Your account is managed by MagnaCare, your health benefits administrator. Accounts are currently available in English. If you need help or language support call 1-877-606-6705.

## 4) Submit your application

- **Complete an application before the deadline** at [myseiu.be/magnacare](https://myseiu.be/magnacare) or by mail. Learn more on page 5.
- **Coverage for Kids: Submit Dependent Verification documents** when you apply. Learn how to submit your documents at [myseiu.be/cfk](https://myseiu.be/cfk).

You'll receive an application receipt by email within 1 day and a coverage decision email within 30 days. If not, call 1-877-606-6705.